

# Dublin Senior Center July 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b> 9:30 Walking Club 10:00am Wrapped in Warmth 12:00pm Hand, Knee & Foot 12:15pm BINGO <b>1:45pm Dublin Cinema</b>	<b>2</b> 9:00am Stretch & Strength 11:00am Helpful Hookers 1:00pm Euchre 1:00pm Rhythmics  <b>Massage available by appt.</b>	<b>3</b> 9:30am Hatha Yoga 9:30am Walking Club <b>11:30am BUNCO</b> 12:00pm Samba 1:00pm Mahjongg  <b>Firekeepers Travel Event</b>	<b>4</b> <b>Center Closed</b> <b>Independence Holiday</b> 	<b>5</b> <b>Center Closed</b> <b>Independence Holiday</b> 
<b>8</b> 9:30 Walking Club 10:00am Wrapped in Warmth 12:00pm Hand, Knee & Foot 12:15pm BINGO	<b>9</b> 9:00am Stretch & Strength 11:00am Helpful Hookers <b>11:00am Focus Hope</b> 1:00pm Euchre 1:00pm Rhythmics	<b>10</b> 9:30am Hatha Yoga 9:30am Walking Club 12:00pm Samba 1:00pm Mahjongg <b>1:30pm Anyone Can Paint</b>	<b>11</b> 9:15am Balance & Core 10:00am Line Dancing <b>12:00pm Chicken Foot</b>	<b>12</b> 9:30am Chair Yoga 9:30am Walking Club 11:00am Mahjongg 12:15pm BINGO 2:00pm Line Dancing
<b>15</b> 9:30 Walking Club 10:00am Wrapped in Warmth 12:00pm Hand, Knee & Foot <b>11:30am BBQ Bingo</b> 	<b>16</b> 9:00am Stretch & Strength 11:00am Helpful Hookers <b>11:00am Wii Bowling Day</b> 1:00pm Euchre 1:00pm Rhythmics	<b>17</b> 9:30am Hatha Yoga 9:30am Walking Club <b>11:00am Sew-ciety</b> 12:00pm Samba 1:00pm Mahjongg <b>*Dublin Day Trip*</b> <b>SeaLife Aquarium 8:45am</b>	<b>18</b> 9:15am Balance & Core 10:00am Line Dancing <b>10:30 Book Club</b> <b>1:00pm Corn Hole</b> 	<b>19</b> 9:30am Chair Yoga 9:30am Walking Club 11:00am Mahjongg 12:15pm BINGO  <b>Center Closes at 2:00pm</b>
<b>22</b> 9:30 Walking Club 10:00am Wrapped in Warmth 12:00pm Hand, Knee & Foot 12:15pm BINGO  <b>Soaring Eagle Overnighter Travel Event July 22-23</b>	<b>23</b> <b>No Rhythmics today</b> 9:00am Stretch & Strength <b>10:00am Coffee/Conversation</b> 11:00am Helpful Hookers <b>12:00pm Escape Game 2</b> 1:00pm Euchre	<b>24</b> 9:30am Hatha Yoga 9:30am Walking Club <b>11:00am Quilting Club</b> 12:00pm Samba 1:00pm Mahjongg	<b>25</b> 9:15am Balance & Core 10:00am Line Dancing <b>12:00pm Chicken Foot</b>	<b>26</b> 9:30am Chair Yoga 9:30am Walking Club 11:00am Mahjongg 12:15pm BINGO 2:00pm Line Dancing
<b>29</b> 9:30 Walking Club 10:00am Wrapped in Warmth 12:00pm Hand, Knee & Foot 12:15pm BINGO <b>1:30pm Colorist Club</b>  <b>GatewayCasino Travel Event</b>	<b>30</b> 9:00am Stretch & Strength 11:00am Helpful Hookers 1:00pm Euchre 1:00pm Rhythmics  <b>11:30 Dining w/the Director</b>	<b>31</b> 9:30am Hatha Yoga 9:30am Walking Club <b>11:00am Quilting Club</b> 12:00pm Samba 1:00pm Mahjongg	<b>Widow/Widower Support Gathering</b>  <b>held the third (3rd) Sunday of each month at 2:00pm</b> <b>at Dublin Senior Center</b> 	

# Dublin Senior Center

## August 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>Widow/Widower Support Gathering</b> held the third (3rd) Sunday of each month at 2:00pm at Dublin Senior Center</p> 			<p style="text-align: right;"><b>1</b></p> <p>9:15am Balance &amp; Core 10:00am Line Dancing <b>12:30pm Beat the Heat Trivia Event</b> <b>1:00pm Corn Hole</b></p> <p style="text-align: right; color: blue;">Rising Star Casino Travel Event Aug. 1-2</p>	<p style="text-align: right;"><b>2</b></p> <p>9:30am Chair Yoga 9:30am Walking Club 11:00am Mahjongg 12:15pm BINGO</p> <p style="text-align: right;"><b>**Center closes at 2:00pm**</b></p>
<p style="text-align: right;"><b>5</b></p> <p>9:30 Walking Club 10:00am Wrapped in Warmth 12:00pm Hand, Knee &amp; Foot 12:15pm BINGO <b>No Dublin Cinema today</b></p>	<p style="text-align: right;"><b>6</b></p> <p style="text-align: center;"><b>All Programs Canceled Due to Elections</b></p> <p style="text-align: center; color: purple;">Grief Group meets at 2:00pm</p>	<p style="text-align: right;"><b>7</b></p> <p>9:30am Hatha Yoga 9:30am Walking Club 12:00pm Samba 1:00pm Mahjongg</p>	<p style="text-align: right;"><b>8</b></p> <p>9:15am Balance &amp; Core 10:00am Line Dancing <b>12:00pm Chicken Foot</b></p>	<p style="text-align: right;"><b>9</b></p> <p>9:30am Chair Yoga 9:30am Walking Club 11:00am Mahjongg 12:15pm BINGO 2:00pm Line Dancing</p>
<p style="text-align: right;"><b>12</b></p> <p>9:30 Walking Club 10:00am Wrapped in Warmth 12:00pm Hand, Knee &amp; Foot 12:15pm BINGO</p>	<p style="text-align: right;"><b>13</b></p> <p>9:00am Stretch &amp; Strength 11:00am Helpful Hookers <b>11:00am Focus Hope</b> 1:00pm Euchre 1:00pm Rhythmics</p> <p style="text-align: center; color: purple;">Massage available by appt.</p>	<p style="text-align: right;"><b>14</b></p> <p>9:30am Hatha Yoga 9:30am Walking Club 12:00pm Samba 1:00pm Mahjongg <b>1:30pm Anyone Can Paint</b></p> <p style="text-align: center; color: blue;">Soaring Eagle Travel Event</p>	<p style="text-align: right;"><b>15</b></p> <p style="text-align: center;"><b>All Programs Canceled</b></p> <p style="text-align: center; color: orange;"><b>11:30am Lazy Days of Summer Celebration</b></p> <p style="text-align: center; color: purple;">Book Club meets at 10:30am</p>	<p style="text-align: right;"><b>16</b></p> <p>9:30am Chair Yoga 9:30am Walking Club 11:00am Mahjongg 12:15pm BINGO</p> <p style="text-align: right;"><b>**Center closes at 2:00pm**</b></p> <p style="text-align: center; color: blue;">JJ's Baseball Travel Event</p>
<p style="text-align: right;"><b>19</b></p> <p>9:30 Walking Club 10:00am Wrapped in Warmth 12:00pm Hand, Knee &amp; Foot 12:15pm BINGO</p>	<p style="text-align: right;"><b>20</b></p> <p style="text-align: center; color: green;"><b>No Wii Bowling today</b></p> <p>9:00am Stretch &amp; Strength <b>9:30am GRG Meeting</b> 11:00am Helpful Hookers 1:00pm Euchre 1:00pm Rhythmics</p> 	<p style="text-align: right;"><b>21</b></p> <p>9:30am Hatha Yoga 9:30am Walking Club <b>11:00am Sew-ciety</b> 12:00pm Samba 1:00pm Mahjongg</p>	<p style="text-align: right;"><b>22</b></p> <p>9:15am Balance &amp; Core 10:00am Line Dancing <b>12:00pm Chicken Foot</b></p>	<p style="text-align: right;"><b>23</b></p> <p>9:30am Chair Yoga 9:30am Walking Club 11:00am Mahjongg 12:15pm BINGO 2:00pm Line Dancing</p>
<p style="text-align: right;"><b>26</b></p> <p>9:30 Walking Club 10:00am Wrapped in Warmth 12:00pm Hand, Knee &amp; Foot 12:15pm BINGO <b>1:30pm Colorist Club</b></p>	<p style="text-align: right;"><b>27</b></p> <p>9:00am Stretch &amp; Strength 11:00am Helpful Hookers 1:00pm Euchre 1:00pm Rhythmics</p> <p style="text-align: center; color: green;">11:30am Dining w/the Director</p>	<p style="text-align: right;"><b>28</b></p> <p>9:30am Hatha Yoga 9:30am Walking Club <b>11:00am Quilting Club</b> 12:00pm Samba 1:00pm Mahjongg</p>	<p style="text-align: right;"><b>29</b></p> <p>9:15am Balance &amp; Core 10:00am Line Dancing</p> <p style="text-align: center; color: blue;">Put In Bay Travel Event</p>	<p style="text-align: right;"><b>30</b></p> <p>9:30am Chair Yoga 9:30am Walking Club 11:00am Mahjongg 12:15pm BINGO</p> <p style="text-align: right;"><b>**Center closes at 2:00pm**</b></p>

Labor Day Weekend Travel Event  
Mackinac City & Kewadin Casino Aug. 31st-Sept. 2nd