

Dublin Senior Center

January 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Widow/Widower Support Gathering (Grief Group) held the 3rd Sunday of each month at 2:00pm at Dublin Senior Center</p>	<p>Massages 1st Tuesday of the month By Appointment Only</p>	<p style="text-align: right;">1</p> <p style="text-align: center;">Center Closed</p>  <p style="text-align: center;">New Year's Day</p>	<p style="text-align: right;">2</p> <p>9:15am Balance & Core 10:00am Line Dancing 12:30pm Hand, Knee & Foot 12:30pm Group Game Day</p>	<p style="text-align: right;">3</p> <p>9:30am Chair Yoga 9:30am Walking Club 12:15pm BINGO 2:00pm Line Dancing</p>
<p style="text-align: right;">6</p> <p>9:30 Walking Club 10:00am Wrapped in Warmth 12:00pm Hand, Knee & Foot 12:15pm BINGO 1:45pm Dublin Cinema</p>	<p style="text-align: right;">7</p> <p>9:00am Stretch & Strength 10:00am Coffee/Conversation 11:00am Helpful Hookers 1:00pm Euchre 1:00pm Rhythmics</p>	<p style="text-align: right;">8</p> <p>9:30am Hatha Yoga 9:30am Walking Club 12:00pm Samba 1:00pm Mahjongg 1:30pm Anyone Can Paint</p>	<p style="text-align: right;">9</p> <p>9:15am Balance & Core 10:00am Line Dancing 12:30pm Hand, Knee & Foot 1:00pm Chicken Foot</p>	<p style="text-align: right;">10</p> <p>9:30am Chair Yoga 9:30am Walking Club 12:15pm BINGO 2:00pm Line Dancing</p>
<p style="text-align: right;">13</p> <p>9:30 Walking Club 10:00am Wrapped in Warmth 12:00pm Hand, Knee & Foot 12:15pm BINGO</p>	<p style="text-align: right;">14</p> <p>9:00am Stretch & Strength 11:00am Helpful Hookers 1:00pm Euchre 1:00pm Rhythmics Mystery Movie Day at MJR Focus Hope 11:00am, Dublin Parking Lot</p>	<p style="text-align: right;">15</p> <p>9:30am Hatha Yoga 9:30am Walking Club 11:00am Lakes Sew-ciety 12:00pm Samba 1:00pm Mahjongg</p>	<p style="text-align: right;">16</p> <p>9:15am Balance & Core 10:00am Line Dancing 12:30pm Hand, Knee & Foot 1:00pm Mexican Train</p>	<p style="text-align: right;">17</p> <p>9:30am Chair Yoga 9:30am Walking Club 12:15pm BINGO 2:00pm Line Dancing</p>
<p style="text-align: right;">20</p> <p style="text-align: center;">Center Closed</p>  <p style="text-align: center;">Martin Luther King Jr. Day</p>	<p style="text-align: right;">21</p> <p>9:00am Stretch & Strength 11:00am Helpful Hookers 11:00am Wii Bowling 1:00pm Euchre 1:00pm Rhythmics</p>	<p style="text-align: right;">22</p> <p>9:30am Hatha Yoga 9:30am Walking Club 11:00am Quilting Club 12:00pm Samba 1:00pm Mahjongg</p>	<p style="text-align: right;">23</p> <p>9:15am Balance & Core 10:00am Line Dancing 10:30am Book Club 12:30pm Hand, Knee & Foot 12:30pm Group Game Day</p>	<p style="text-align: right;">24</p> <p>9:30am Chair Yoga 9:30am Walking Club 11:00am Pancake Bingo 2:00pm Line Dancing</p>
<p style="text-align: right;">27</p> <p>9:30 Walking Club 10:00am Wrapped in Warmth 12:00pm Hand, Knee & Foot 12:15pm BINGO</p>	<p style="text-align: right;">28</p> <p>9:00am Stretch & Strength 11:00am Helpful Hookers 1:00pm Euchre 1:00pm Rhythmics</p> <p style="text-align: center;">Dining with the Director 11:30am</p>	<p style="text-align: right;">29</p> <p>9:30am Hatha Yoga 9:30am Walking Club 11:00am Quilting Club 12:00pm Samba 1:00pm Mahjongg</p>	<p style="text-align: right;">30</p> <p>9:15am Balance & Core 10:00am Line Dancing 12:30pm Hand, Knee & Foot</p>	<p style="text-align: right;">31</p> <p>9:30am Chair Yoga 9:30am Walking Club 12:15pm BINGO 2:00pm Line Dancing</p>

Dublin Senior Center

February 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p style="text-align: right;">3</p> <p>9:30 Walking Club 10:00am Wrapped in Warmth 12:00pm Hand, Knee & Foot 12:15pm BINGO 1:45pm Dublin Cinema feat. Football Themed Movie</p> <p style="text-align: center;"><i>"Countdown</i></p>	<p style="text-align: right;">4</p> <p>9:00am Stretch & Strength 11:00am Helpful Hookers 1:00pm Euchre 1:00pm Rhythmics 2:00pm Grief Group **Pickup your Football Trivia sheet today**</p> <p style="text-align: center;"><i>to</i></p>	<p style="text-align: right;">5</p> <p>9:30am Hatha Yoga 9:30am Walking Club 12:00pm Samba 12:00pm Pizza Lunch Day 1:00pm Mahjongg</p> <p style="text-align: center;"><i>Super</i></p>	<p style="text-align: right;">6</p> <p>9:15am Balance & Core 10:00am Line Dancing 12:30pm Hand, Knee & Foot 12:30pm Group Game Day feat. Football Themed Game</p> <p style="text-align: center;"><i>Bowl</i></p>	<p style="text-align: right;">7</p> <p>9:30am Chair Yoga 9:30am Walking Club 12:15pm Football BINGO 2:00pm Line Dancing</p> <p style="text-align: center;"><i>Week"</i></p>
<p style="text-align: right;">10</p> <p>9:30 Walking Club 10:00am Wrapped in Warmth 12:00pm Hand, Knee & Foot 12:15pm BINGO</p>	<p style="text-align: right;">11</p> <p>9:00am Stretch & Strength 11:00am Helpful Hookers 1:00pm Euchre 1:00pm Rhythmics</p> <p style="text-align: center;"><i>Focus Hope</i> <i>11:00am, Dublin Parking Lot</i></p>	<p style="text-align: right;">12</p> <p>9:30am Hatha Yoga 9:30am Walking Club 12:00pm Samba 1:00pm Mahjongg 1:30pm Anyone Can Paint</p>	<p style="text-align: right;">13</p> <p>9:15am Balance & Core 10:00am Line Dancing 12:30pm Hand, Knee & Foot 1:00pm Chicken Foot</p>	<p style="text-align: right;">14</p> <p>9:30am Chair Yoga 9:30am Walking Club 12:15pm BINGO 2:00pm Line Dancing</p> <p style="text-align: center;">DSO Dublin Day Trip</p>
<p style="text-align: center;">Center Closed</p>  <p style="text-align: center;">President's Day</p> <p style="text-align: right;">17</p>	<p style="text-align: right;">18</p> <p>9:00am Stretch & Strength 11:00am Helpful Hookers 11:00am Cybersafety Class 11:00am Wii Bowling 1:00pm Euchre 1:00pm Rhythmics</p>	<p style="text-align: right;">19</p> <p>9:30am Hatha Yoga 9:30am Walking Club 11:00am Lakes Sew-ciety 12:00pm Samba 1:00pm Mahjongg</p>	<p style="text-align: right;">20</p> <p>9:15am Balance & Core 10:00am Line Dancing 10:30am Book Club 12:30pm Hand, Knee & Foot 1:00pm Mexican Train</p>	<p style="text-align: right;">21</p> <p>9:30am Chair Yoga 9:30am Walking Club 12:15pm BINGO 2:00pm Line Dancing</p>
<p style="text-align: right;">24</p> <p>9:30 Walking Club 10:00am Wrapped in Warmth 12:00pm Hand, Knee & Foot 12:15pm BINGO</p>	<p style="text-align: right;">25</p> <p>9:00am Stretch & Strength 11:00am Helpful Hookers 1:00pm Euchre 1:00pm Rhythmics</p> <p style="text-align: center;">Dining with the Director 11:30am</p>	<p style="text-align: right;">26</p> <p>9:30am Hatha Yoga 9:30am Walking Club 11:00am Quilting Club 12:00pm Samba 1:00pm Mahjongg</p>	<p style="text-align: right;">27</p> <p>9:15am Balance & Core 10:00am Line Dancing 12:30pm Hand, Knee & Foot 12:30pm Group Game Day</p>	<p style="text-align: right;">28</p> <p>9:30am Chair Yoga 9:30am Walking Club 12:15pm BINGO 2:00pm Line Dancing</p>
<p>Massages 1st Tuesday of the month By Appointment Only</p>				<p>Widow/Widower Support Gathering (Grief Group) held the 3rd Sunday of each month at 2:00pm at Dublin Senior Center</p>